



## Louisiana Section of Air & Waste Management Association

### Chair Perspective

Hello All, I hope this letter finds you well. I checked in on emails the evening of July 4<sup>th</sup> and started thinking about the fact that we are mid-way through 2011. I couldn't believe it was March when March came around and now I just can't believe it is July. So what does the Mid Year Stretch mean? Well, I am reflecting on the accomplishments of the year at work and also what I was supposed to have accomplished at work but just haven't gotten to yet. OK, if you are the glass half full type, you might say I still have six more months to finish what I need to. If you are the glass half empty type, you might say six months is not enough time to finish what I need to. Either way you look at it there is always something to accomplish. For our A&WMA Louisiana Section organization I am looking to the glass half full and saying what an accomplishment for the first part of the year and boy we will have quite a few accomplishments for the latter half of the year! Let's recap so far; We have successfully awarded Student scholarships, judged the State Science Fair, Supported our Education initiatives by sponsoring a portion of the Teacher forum, success in our first ever YP Golf Tournament, and have had some very dynamic speakers. It was nice to learn about ethics in a new light. I loved Star Trek as a kid! OK I won't ramble about going down memory lane to an extent at our May lunch meeting. And let's not forget the ACE held in Orlando to close out the first part of the year with the "Minasian Award", our very own Jennifer Tullier receiving the "Young Professionals Award" and our ability to provide support to young professionals attending the conference from our winnings at the Golf Tournament, and our students who competed at the Student ECI competition. I won't steal the thunder from our attendees and they will provide much more insight from their experiences at this wonderful conference! Look inside the newsletter for a great recap.

Whew, now it is time to

**S---T---R---E---T---C---H!** Let's see what we have to look forward to in the second part of the year.....July 14<sup>th</sup> a well respected LDEQ representative, Bryan Johnston will be provid-

### Special points of interest:

- Important Dates
- Check out our new members!
- Upcoming A&WMA Louisiana Section Fall Conference

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### Mark Your Calendar!

The Louisiana Section of A&WMA will hold it's annual fall conference on October 25 and 26 at the Crowne Plaza Hotel in Baton Rouge.

## Chair Perspective Continued...

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ing information on important rule developments and what's going on at LDEQ, Election of Officers for our Louisiana Section, and finally abstracts will be finalized and selected for presentation, leading in to our FINAL STRETCH for the year and the **Annual Fall Conference**. This one is shaping up to be just as successful as last years. Look for more information soon! I do hope each one of you have a very successful second half of the year! As always we encourage your input and look forward to seeing you at our Dinner Meetings! B---R---E---A---T---H---E!

**Section Chair  
Julie Roussel**

## YP Section Event

The YP section held their June event at Copeland's Cheesecake Bistro on June 7th. Accutest Laboratories co-sponsored the event with the YP section and offered up a presenter for the event, Mr. Dwayne Coco, and of course plenty of cheesecake for desert! Mr. Coco provided attendees an overview of various aspects to consider when working with a laboratory and setting up a sampling project. Thank you Accutest! The YP group will host an event in August and the YP Committee Chairs are hoping to put together something a little different, stay tuned.

## LSU AWMA Orlando Summary

The annual A&WMA conference held in Orlando, FL this year was well organized and thoroughly planned. Professionalism characterized the event with an excellent atmosphere, which provided great social and networking opportunities. As LSU students, we were able to learn details of other states environmental concerns and what management practices are being applied. Furthermore, we would like to thank the Louisiana chapter for everything for all provisions

**LSU Student Conference Attendee  
Brian Matlock**

## Special Thank You To Our CORPORATE SPONSORS

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## Louisiana Section Scholarship Recipients

The Louisiana Section is proud to announce the winners of the 2011 Scholarship Program. A big thanks to everyone who helped this year: Karen Blakemore with Phelps Dunbar, Raquel Murphy with US Risk Management, and Thomas LaSalle with HLP Engineering. We had a total of nine applicants from Baton Rouge, New Orleans, Lafayette, and Ruston. This was the largest geographic area of applicants we've ever had. Our winners this year are: Lauren LeBlanc – Environmental Management System major at LSU. Gus Von Bodungen Award - \$3,000; Laney Pizzolato – Civil Engineering major at UNO - \$2,000; Emily Cardarelli – Environmental Science major at Tulane - \$2,000; Brooke Villarrubia – Environmental Engineering major at LSU - \$2,000. Lauren LeBlanc and Brooke Villarrubia were presented with their scholarship checks at the May lunch meeting, and Laney Pizzolato and Emily Cardarelli are scheduled to attend the July dinner meeting.



Education Chair  
Jason Midgett  
LA Section Awards Chair

## Staying Safe While Working in the Heat

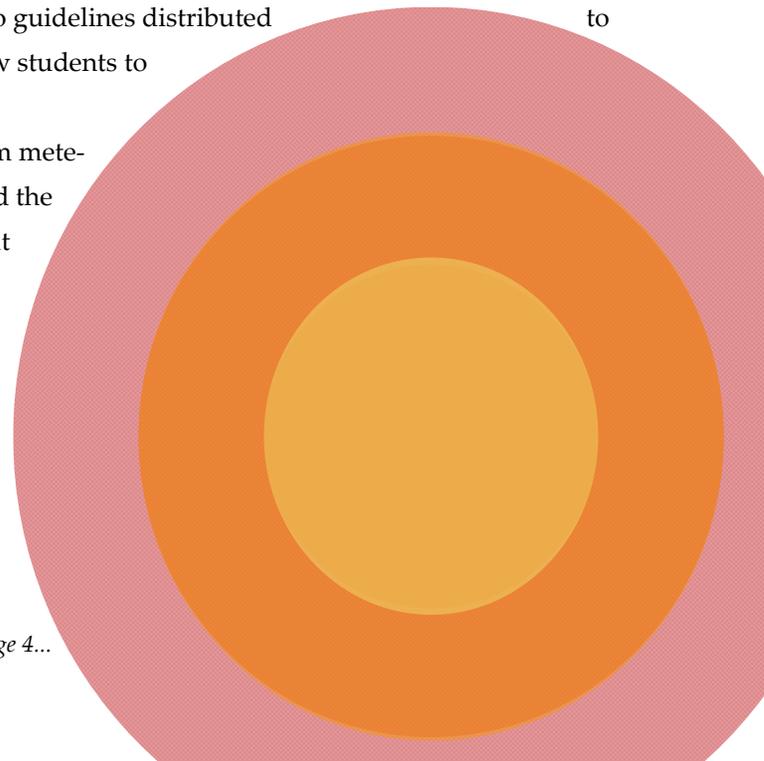
It's that time of year again in much of the United States. What started as a heat wave in the South and Midwest — Minneapolis saw 102 degrees last Tuesday — has spread into the mid-Atlantic and Northeast. In fact, the heat and humidity has been so high over the past few days that some highways and byways have reportedly buckled or experienced some form of pavement failure, causing major delays and traffic snarls.

Cities like St. Louis and Detroit have opened cooling centers for overheated residents. Cincinnati's fire department sent out extra personnel on calls, so commanders could rotate out exhausted teams. And in Chicago, some public school students struggled to concentrate on finals in non-air-conditioned classrooms as the outside temperature approached a record 97 degrees. Also, Chicago school principals have been told to keep students hydrated and move classes if necessary from rooms exposed to sunlight, according to guidelines distributed to schools. Furthermore, principals may relax dress codes and allow students to wear shorts, the guidelines said.

"It's perspiratory and sweltering," said AccuWeather.com meteorologist Elliot Abrams. "You take a shower and step outside and the sweat beads form almost immediately." Abrams also warned that people who work outside have to watch out for possible overexertion and even worse, heat stroke.

This hot, humid air mass led to heat-index readings of 100 and above across many parts of the country last week as well. If you recall, the heat index tells you how hot it feels at a given percent humidity. Moist air feels hotter than dry air because it makes sweating less efficient. On a hot, dry day, your sweat will evaporate quickly and cool your skin; under humid

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## Staying Safe While Working in the Heat *Continued from page 3...*

conditions, sweat evaporates more slowly and doesn't do as much. Just as the wind chill attempts to measure how cold it feels under certain wind conditions, the heat index tries to measure how hot it feels given the humidity.

Again, with increased temperatures and high humidity across the country we need to remain ever vigilant and guard ourselves and our coworkers against potential heat related illnesses. Here is advice toward preventing heat-related illness:

- Drink lots of water throughout the day— before you feel thirsty. Every 15 minutes, you may need a cup of water (5 to 7 ounces) up to 4 cups per hour, when the work environment is hot and you are likely to be sweating more than usual in the performance of your duties
- Keep taking rest breaks and rest in a cool, shady spot
- Wear light-colored clothing, made of cotton
- Do the heaviest work in the coolest time of the day
- Work in the shade when possible. For heavy work in hot areas, take turns with other workers, so some can rest.
- If you travel to a warm area for a new job, you need time for your body to get used to the heat (acclimatize). Use extra precaution the first two weeks on the job.
- If you work in protective clothing, you need more rest breaks. You may also need to check your temperature and heart rate

## Sections and Chapters Meeting

This meeting was held on the Monday before the start of the conference. I continue to be so awestruck when I listen to some of the woes of the leaders from other sections and chapters. Our Louisiana Section has been blessed to have such strong leadership and such an engaged membership throughout our history! Here are some of the most important items that I took away from this meeting:

Association membership as of June 2011 was 6935, an increase of 40 members since December 2010. Louisiana Section membership of 300 represents 4.3% of the organization!

There is a focus in the organization on Leadership Sustainability. There are four key areas that will be emphasized over the coming year including 1) mentoring for failing sections and chapters, 2) providing more leadership training – more locations and more distance learning, 3) increased follow-up after leadership training to ensure that skills are employed, and 4) a recalibration of the training curriculum to provide relevant and timely courses.

There is a fair amount of effort underway to gain consistency in the Section and Chapter websites. Our own Section has a fairly robust website and we have been tweaking some of the features to get us more aligned with the Association goals. Expect to see a few cosmetic changes down the road, but not many. Keep in mind that our site is ranked in the top tier of local sites! There were a few other discussion items that are specific to conducting local training for board members, conducting effective meetings and the like.

One of the most memorable agenda items was the announcement for the Minasian Awards. As you may recall, there are three categories of this award that are based on organization size. They are presented to Sections who are evaluated on a number of factors including: member services provided, education and scholarship opportunities, membership sustainability, communication and International Association activities. This year, I was honored to accept the Minasian Award for Large Sections on behalf of our Louisiana Section! Congratulations to everyone who helped to make this possible!

## Important Dates

July 14 .....Meeting at Messina’s in Kenner  
 September 12-13.....Future Air Quality Development Needs Workshop Washington, DC  
 September 15.....Meeting at Mike Anderson’s—Holiday Inn in Gonzales  
 October 25-26 .....Louisiana Section of A&WMA’s Fall Conference, Plaza in Baton Rouge  
 November 16.....Greenhouse Gas Strategies in a changing Climate, San Francisco, CA

## Upcoming A&WMA Louisiana Section Fall Conference

You should all have October 25 and 26 marked on your calendars! The planning committee is in full swing lining up timely and exciting presentations. Want to hear the latest on implementation of all the new NAAQS standards? How about news from the trenches on permitting of greenhouse gas emissions? This is the place to be. We plan to have a full day Young Professionals track including bring back the popular “What’s That Thang?” Not sure what that means? You’ll have to attend to find out!



We will have a larger exhibit this year; information on that as well as sponsorships will be going out soon. Also look for the request for abstracts. If there are specific topics you would like to see addressed, please let us know. Input from our members is what keeps our conference timely and informative. See you at the conference!

Conference Co-Chairs  
 Karen Brignac & Jennifer Tullier

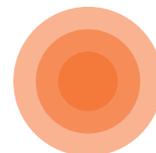
*welcome!*

### Welcoming Our New Members

Meghan Gallinaro, ENVIRON International Corporation  
 Victoria Galvez, LSU Student  
 Carrie Heffron, Terracon Consultants, Inc.  
 Ellen Lane, Conestoga-Rovers & Associates  
 Erica LeDoux, US EPA Region 6 Employees' Association  
 Stephen Mattison, Sage Environmental

## Share your ideas with us!

Have an idea for the Monitor?  
 Send it to the editor to see your thoughts in action.  
 Contact [Morgan Verrette](#).



## Louisiana Section YP's attend 2011 ACE Experience

Ok. Let's forget for 30 seconds that this year's ACE was held at the "House of the Mouse", which is considered by many as one of the happiest places on earth. And yes, it's happy even in the extreme heat that is a Florida summer.

Attending ACE as a Young Professional (YP) is much more than just an excuse to take a break from the routine day to day experiences that we find in our normal jobs. It is an opportunity, a reward, an accomplishment, and perhaps, for some, it is all three. For the Association's YP Advisory Council (YPAC), it brings with it multiple brainstorming sessions and planning meetings, which can easily be translated into two words—"hard work." Thank you YPAC members for your service to the council and to the YPs throughout A&WMA! We hope that the Association realizes the benefit that this group has brought to individual Sections and Chapters within A&WMA and that it continues to support YPAC in the future.

ACE continues to attract experts from all over the world. Many of them are willing to share their knowledge as presenters in one of the many technical sessions that are offered each year. We were overwhelmed while trying to make our decisions on which presentations to attend. Others attend as the exhibitors that showcase the future of our industry and also provide YP's an insight to new technologies that are being offered. If nothing else, the networking opportunity of the Conference and Exhibition is phenomenal and totally worth the trip in itself.

If you are as lucky as we were, you may get the chance to watch a good friend, colleague, and fellow YP in her "60 seconds of glory" as she accepts a prestigious award from the Association. Jennifer Tullier was presented as an Outstanding Young Professional, which we are sure is the first of many awards for her! Congrats again Jennifer, you're the best!

We highly recommend that our fellow YP's become active within their local section or chapter. It really does open doors and is absolutely worth the little bit of "extra" time. The Louisiana Section support of the local YP group has been superb and is a big reason the both of us were able to attend ACE this year.

To the Louisiana Section and its YP Group, we extend a heartfelt "THANK YOU" for allowing us to represent you at ACE!

**Kelly Bergeron & Jason Midgett**  
Louisiana Section YP's

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